

Walking to Jerusalem – Record your “miles” (15 minutes = 1 mile)

	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Total
Week 1								
Week 2								
Week 3								
Week 4								
Week 5								
Week 6								
Week 7								
Week 8								
Week 9								
Week 10								
Week 11								

Be sure to add your weekly total to the cumulative log each Sunday.