

## The Beacon

## South Central News **Episcopal Diocese of Alaska**

March 2025

CUTTING LOOSE 1
THE ANCHORS

LABYRINTH 2

FROM THE DEAN 3

AROUND THE 5-6

DEANERY

FAITH 6 COMMUNITY NURSE PROGRAM

CHRISTMAS 6 BAZAAR

CONTACT US 8



#### 14 in all:

Four in Anchorage

One each in

Cordova, Eagle River, Homer, Kenai, Kodiak, Palmer, Seward, Talkeetna, Valdez and Wasilla



NOW is the time to submit the names and contact information for your Deanery Delegates to:

Christina Talbott-Clark, SCD Secretary ctalbottclark@gmail.com



#### "Cutting Loose the Anchors" Acts 27:40

Deanery Meeting May 1—May 3, 2025, hosted by St. Augustine's in Homer Alaska

**Event Location: Aspen Suites in Homer** 

#### Thursday, May 1st

Clergy Retreat: 2-4 pm

**Delegates:** 

Check in 3-5 pm

Welcome Dinner: 5:30 pm

Opening of Business Meeting: 6:45 pm Opening Eucharist and Bishop's Address: 7 pm

#### Friday May 2nd

Breakfast 7-8 am

Morning Prayer: 8:15 am

Morning Session: 8:45-11:30 am Noonday Prayer & Lunch: 11:30 am

Afternoon Session: 1-5 pm

Dinner: 5:30 pm

Evening Activities: 6:30 pm

Compline: 9 pm

#### Saturday May 3rd

Breakfast 7-8 am

Morning Prayer: 8:15 am Morning Session: 8:45 am

World Labyrinth Day at St. Augustine's Noon to 3 p.m.

Litany of Peace, Walking the Labyrinth at 1 p.m. Rock Painting, and Soup after the walk.

You can access the registration form by clicking HERE.



Stay tuned for further information from your Executive Committee.



So they cast off the

anchors and left them in

the sea. At the same

time they loosened the

ropes that tied the steer-

ing oars; then hoisting

the foresail to the wind.

they made for the beach.



This labyrinth at St. Augustine's is part of our church's mission to be a community of worship, prayer and service, welcoming all with love and acceptance. Walking the labyrinth is a sacred ritual that emerged about 3500 years ago on four continents and today is found in many religious traditions around the world. In addition to being a sacred journey of faith, labyrinths today are being used in hospitals, retirement centers, and prisons as a spiritual practice of healing and transformation.

Our labyrinth has changed over time. The first version was built in 2009 as a joint project by members of the church and a volunteer youth group from All Saints Episcopal Church in Omaha, Nebraska. Local beach rocks were arranged in an 8 circuit, left-handed design, a modification of the great French medieval labyrinth in Chartres Cathedral. It was redesigned in 2015 by HoWL, a Homer youth leadership group, and church volunteers. The six path design had paths wide enough to

accommodate wheelchairs. It was re-done again in 2017, moving it several feet to the east so it wouldn't encroach on the western property line. In 2019 we modified and upgraded the design again to eliminate potential hazards, especially tripping. Wood chips and beach rocks were replaced with gravel, brick and marble chips to make a completely flat surface. The entire labyrinth was scaled back in size to approximately 40' in width, and the layout was simplified to 5 circuits.

We also have an indoor labyrinth which was designed and created for us by Nell Gustafson in 2017. It's made of painter's drop cloth/canvas and blue painter's tape. It is used in the sanctuary on Saturdays in Advent and Lent after Noonday Prayers or Compline when we are unable to use the outside labyrinth.

#### Here are some points to consider when walking the labyrinth.

Simply follow the path to the center. Here are some suggestions as you begin:

**At the entrance,** quiet your mind.

Set your intention. Ask yourself - Why have I come? What do I hope will happen for me? Begin to walk. Return to your intention if you find your mind wandering. Pause at the center. Have you received any insights? Linger and give thanks.

**As you walk out**, acknowledge any insights and listen for ways to integrate them into your life. Pause as you leave the labyrinth and be thankful.

St. Augustine's has dedicated its Labyrinth and Sacred Garden as places for prayer that transcends denominations, creeds, doctrine, culture, language, gender identity, or sexual orientation. All are

welcome to our handicap accessible labyrinth during daylight hours. May it be for you:

A Path of Prayer A Way to Clarity A Place to Heal



Greetings South-Central Deanery,

Your Deanery Executive Committee is busy planning our Deanery Meeting May 1<sup>st</sup> – May 3<sup>rd</sup> in Homer. We have secured the Aspen Hotel to stay and hold our

meetings. We are going to take advantage of our meeting coinciding with National Labyrinth Day on May 3<sup>rd</sup> and the Labyrinth at St. Augustine's in Homer. More information will be coming out soon on our Annual Meeting. I hope you would consider being a Delegate from your Church. It would be ideal if we had representatives from each Church in the Deanery.

On December 21<sup>st</sup> Ross McKay, Erin Tulip and Hannah Moderow were ordained to the diaconate. It is wonderful to have these new Deacons in our Deanery. They join The Rev. Jake Lambers as Deacons in the South-Central Deanery. We look forward to seeing them around the Deanery helping our Churches.

I hope and pray that 2025 will be an amazing year for each of us.







The Reverends Ross McKay. Erin Tulip and Hannah Moderow joined the Rev. Jake Lambers as Deacons for the Episcopal Church in the Diocese of Alaska.

Did you know: Deacons work for the Bishop.

The Bishop and South Central Deanery Clergy

### A Deacon's work is never done...



The Rev. Deacon Ross McKay serving at the Eucharist at Christ Church Episcopal

The Rev. Deacon Hannah Moderow and her children



Erin is away at Seminary.



The Rev. Jake Lambers and family at the Polar Plunge. Rev. Jake serves at St. Christophers Church—Anchorage.



Like Father, Like Son...

August L. learning to fly,

Wow! Did you know that Deacons can fly?











#### St. Peter's - Seward



**Upcoming Events:** 

April 18, 2025 at 12 p.m. Good Friday Earthquake Tsunami **Memorial Service** 



Todd Mashlan, Lay Leader

For more information contact:

Todd Mashlan tmashlan@kent.edu (907)687-3903



**Open House Events:** 

Come and View the reredos and see the historic St. Peter's.

May 26, 2025 Memorial Day 12 pm-4p.m.

July 4, 2025 Independence Day 12-4 p.m.

## Revision and Renew - Alaska



The SCD Alaska churches involved with the Genesis II Revitalizing Our Ministries Program will continue to meet even though the Genesis II Program has been discontinued

at the National Church level.

For more information contact: The Rev. Katherine Hunt (907)331-8349 RevKatherineHunt@gmail.com



It is not too late to join!

We are exploring a grass roots approach and encourage churches that might have been struggling to get enough participants to come and be involved as we explore a new structure and connectivity in South Central Deanery.

The Rev. Gail Loken and The Rev. Deacon Jake Lambers will continue to serve as Liaisons for this Program.

**NEXT STEPS...** 

At the request of churches, we continue to meet on Zoom the 2nd and 4th Sundays of each month. Our next meeting is scheduled for March 23 at 2:00 p.m. We will review our March 9th Venn diagrams and begin exploring our community actions and pairing up churches/leadership. (Zoom: 859 3261 2893 / 528947)





Page 6

What do the

Sopoded (

Common

## Yes... These are all from St. Christopher's Episcopal Church in Anchorage. It is never a dull moment at St.

Christopher's! In December, our building was hit by a

car and in January, we were hit by high winds about 70 mph that blew down numerous trees at the Rectory and the church; one of our trees being suspended by a power line. We also lost the top out of our large spruce tree at the front of the church. Thankfully a FIT grant supported the cost of removal of the immediately

dangerous trees and will aid us in the spring clean up of the debris.

Thank you to the Diocese!
Thank you to the FIT Committee!
Thank you to Church Insurance!

-St. Christopher's Church



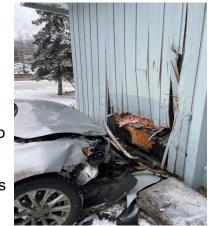
Deacon Jake...mopping

We have experienced another disaster; our church was hit by an impaired driver. The impact caused structural damage to the building and the sacristy and caused water damage in the Food Pantry area. Our insurance company was notified immediately and two of our parishioners came to the church immediately to board up the wall that was badly damaged. Repairs are being made by BEMA, the same company that worked on Christ Church. They are working as fast as possible and doing a great job. Special thanks to all who helped and to Chris Rackard who helped stack food in the Food Pantry to keep it safe from water damage and clear the area for repairs as well as serving our Food Pantry patrons. Chris drives from Wasilla to help us when we need more people to distribute food to our patrons. We are blessed with so many people helping

Please keep St. Christopher's in your prayers and know that our Food Pantry is still open. We thank all who continue to donate food and help.

Blessings, Inez Larsen St. Christopher's Episcopal Church

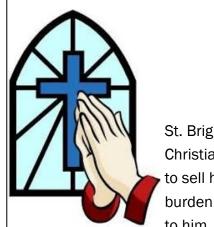
us at this stressful time.





New Sacristy Cabinets...New floor coming soon.

#### South Central Deanery -



#### The Prayer Corner

by Georgia Knazovich (St. David's)

St. Brigid was born in 453, daughter a Pagan Celtic chief and a Christian slave. Celts were devout poly theists. Her father attempted to sell her off as he felt she was nothing more than a financial

to him.

Brigid was kind, caring, thoughtful and healed people when she was able. In Kildare, she founded a Monastery and she is the patron saint of brewers. Today she is one of 3 patron saints of Ireland and she is known a symbol of strength, wisdom, generosity and female empowerment.



#### Blessing St. Brigid



May Brigid bless the house wherein you dwell,

Bless every fireside, wall and door,

Bless every heart that beats beneath its roof,

Bless every hand that toils to bring it joy,

Bless every foot that walks its portals through,

May Brigid bless the house that shelters you.

Around the eaner)



South Central News is published every other month. You may submit articles to...
TheBeaconSCD@gmail.com

#### SCD Committee

#### Monthly Meetings

Join us on Zoom the second Monday of every month at 5:00 p.m.

Zoom ID: 819 4538 6210 PW: 121200

#### Be "The Beacon" ...

- \*Share YOUR Light
- \*Submit Articles
- \*Join the volunteer staff
- \*Be a proof reader
- \*Hunt down articles
- \*Find and share resources.

#### Come and share your gifts and talents...

The Beacon needs an Editor for the Newsletter.

Use your graphic design skills and help us to connect our parishes while sharing Deanery wide events and stories.

You determine the schedule and publication dates.

Without an Editor, the Newsletter will NOT be produced.

Contact our South Central Dean for more information.

# The South Central Deanery P.O. Box 231534, Anchorage, Alaska 99523 scdeanery@gmail.com

## Executive Committee

#### Peg Fisher, Dean (2025)

pegsfisher@gmail.com Mobile: 907-301-2120 All Saints - Anchorage

#### The Rev. Matt Dufour, Vice-Dean (2026)

halibuthammer@gmail.com Mobile: (907) 854-0197 Holy Spirit—Eagle River

#### Christina Talbott-Clark, Secretary (2025)

ctalbottclark@gmail.com Mobile: 907-830-2187 St. Mary's - Anchorage

#### Carol Batson, Treasurer (2026)

Carol@TheBatsons.com Mobile: (907) 242-4739 All Saints—Anchorage

#### Loren Hill, Member-at-large (2025)

Mobile: 209-531-6494 St. Francis - Kenai

#### Todd Mashlan, Member-at-large (2026)

tmashlan@kent.edu (907)687-3903 St. Peter's, Seward

